

WACSSG Favorite Web Sites — Support Groups, Food Lists, Dining Guides, etc.

Organizations & Support Groups

American Celiac Disease Alliance
2504 Duxbury Place, Alexandria, VA 22308, (703)
622-3331
<http://americaneliac.org>

Celiac. Com
www.celiac.com

Celiac and DH Information
<http://rdz/acor.org/lists/celiac/index.html>

Celiac Database
<http://www.celiacdatabase.org/>
Celiac Disease Foundation
<http://www.celiac.org/>

Celiac Disease WebRing
<http://nav.webring.yahoo.com/hub?ring=celiac>

Celiac Listserv
Celiac@maelstrom.StJohns.edu

Celiac Listowners
<http://www.enabling.org/ia/celiac/index.html#index>

Celiac Sprue Association
<http://csaceliacs.org/infocenter/html>

Center For Celiac Research
www.celiaccenter.org

Gluten Free Life UK
www.glutenfreelife.co.uk

The Gluten Free Kitchen
<http://gfkitchen.server101.com>

National Foundation for Celiac Awareness
www.celiaccentral.org

Silly Yaks
<http://www.groups.yahoo.com/group/SillyYaks>

Washington Area Celiac Sprue Support Group
(WACSSG)
www.dcceliacs.com

WACSSG Celiacs list serv
dcceliac@yahoo.com

Dining Out & Traveling

Celiac Travel
<http://www.celiactravel.com/restaurant-cards.html>
Gluten free dining cards in 38 languages; user
prints. Donation requested.

Food Allergy Buddy
<http://www.foodallergybuddy.com>
Free cards listing the foods you can't eat to show
restaurant staff. Re-printable. Registration
required.

GIG (Gluten Intolerance Group)
http://gluten.net/logo_items.htm
Sells restaurant dining cards

Gluten Free on the Go
<http://glutenfreeonthego.com>
Lists of GF friendly hotels, restaurants, bakeries,
etc. Searchable by state (not much listed for the
DC metro area)

Gluten Free Passport
[http://www.glutenfreepassport.com/letseatout/
overview.html](http://www.glutenfreepassport.com/letseatout/overview.html)
Books (and mini books) with info on gluten and
the top 8 allergens. Focuses on American,
Chinese, East Indian, French, Italian, and Thai
cuisines. Free translations of basic phrases into
French, Russian, Italian, German, Spanish and
Greek that you can print out at home.

Gluten Free Restaurants
<http://www.glutenfreerestaurants.org>
Listing of GF restaurants (few listed for the DC
metro area)

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Silly Yaks

<http://health.groups.yahoo.com/group/SillyYaks>

Files with over 230 menus across the country
(free, but registration is necessary)

Triumph Dining

<http://www.triumphdining.com>

Lists of GF restaurants by state and town. Also
has laminated dining cards in 10 languages to
show to staff. Purchase required.

Washington Area Celiac Sprue Support Group Favorite restaurants

<http://www.dcceliacs.com/favorites.html>

Listings of DC area restaurants as recommended
by members of DC support group

Food & Product Lists

University of California, Berkeley

<http://soar.berkeley.edu/recipes>

Clan Thompson Food & Drug Lists

Computer/PDA lists of GF foods and drugs

www.clanthompson.com

Gluten Free drugs

www.glutenfreedrugs.com

Vegetarian & Vegan Resources

Yahoo Group for vegetarian celiacs

vegetariangf@yahogroups.com

GF vegetarian blogs

www.bookofyum.com/blog

Fat Free Vegan

Fatfreevegan.com

Has a Gluten-free section

Vegiac

www.vegiac.com

Blogs & Forums

“Abbie’s” List

<http://forums.delphiforums.com/celiac/messages>

Gluten Free Girl

www.glutenfreegirl.blogspot.com

Gluten Freeda

www.glutenfreeda.com

CeliacChicks

<http://celiacchicks.typepad.com>

Silly Yaks

<http://health.groups.yahoo.com/group/SillyYaks>

Mail Order Companies:

Bob’s Red Mill

www.bobsredmill.com

Because You’re Special

www.causeyourespecial.com

Cecilia’s Gluten-Free Grocery

www.glutenfreegrocery.com

Chebe Bread (Prima Provisions Co)

www.Chebe.com

Cybro Sinc

www.cybroinc.com

Dietary Specialties

www.dietspec.com

Eat Smart Snacks

www.eatsmartsnacks.com

Econatural Solutions

www.econaturalsolutions.com

Items include: licorice, candy

Ener-G Foods, Inc.

www.ener-g.com

Everybody Eats

www.EverybodyEats-Inc.com

(Those dinner rolls!)

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Finer Health
www.finerhealth.com

Gluten-Free Delights
<http://glutenfreedelights.com>

Gluten Free Mall
www.glutenfreemall.com

Gluten Free Pantry
www.glutenfree.com
Items include: bagels, bread, muffins, pizza crust

Gluten Solutions
www.glutensolutions.com

Gluten Free Trading Company
www.glutenfreetrading.com

Gluten Free Tools
www.Geocities.com/glutenfreetools
Items include bread machines, grain grinders

Gluten Free Supermarket
www.Glutenfree-supermarket.com

Glutino
www.glutino.com

Goo Goo Clusters
www.goo-goo.com

Jelly Belly Jellybeans
www.jellybelly.com

Kind Snacks
www.kindsnacks.com

Kingsmill Foods Company Limited
www.kingsmillfoods.com

Kinnikinnick Foods
www.kinnikinnick.com
(877) 503-4466

Legumes Plus
www.legumesplus.com

Miss Meringue
www.missmeringue.com

Miss Roben's
www.Allergygrocer.com
www.missroben.com

Mother Nature
www.mothernature.com

Mr. Ritts Bakery
mrrittsbakery.homepage.com

Pamela's Products
www.PamelasProducts.com

Philly Swirl
www.Phillyswirl.com
Italian ices

Really Good Food
www.reallygreatfood.com

Sylvan Border Farm
www.Sylvanborderfarm.com
Cake mixes, bread mixes, etc.

Tenzo Artisan
www.tenzoartisan.com

The Father's Goodness
www.TheFathersGoodness.com
Muffins, bread

The Ruby Range
www.therubyrange.com
Mixes

Wellness Grocer
www.wellnessgrocer.com

WACSSG Favorite Web Sites — Support Groups, Food Lists, Dining Guides, etc.

WACSSG — www.dcceliacs.com

Chair: Susan Flinn

Email: Susan@SusanFlinn.com

Visit the website for an on-line form for use in submitting additional recommendations

This information was collected from the members of the Washington Area Celiac Sprue Support Group.