

**Washington Area Celiac Sprue
Support Group -- Favorite
Restaurants**

Please note that these recommendations come from your fellow celiac support group members. What works for one person may not, however, given people's varying degrees of sensitivity. Please confirm and consult the restaurant before ordering. Restaurants with more than seven locations are not listed individually; please check the website listed for specific addresses. (Multiple locations are provided in the database on the Yahoo group page, however.)

2941 – Falls Church
2941 Fairview Park Drive
Falls Church, VA 22042
(703) 270-1500
<http://www.2941.com>
Notify them before arrival of GF needs

Alero — Cleveland Park, Dupont Circle, U Street
Cleveland Park—1724 Connecticut Avenue, NW, Washington, DC 20009
(202) 234-8100
Dupont Circle—3500 Connecticut Avenue, NW, Washington, DC 20009
(202) 966-2530
U Street—1301 U Street NW, Washington, DC 20009
(202) 462-2322
<http://www.alerorestaurant.com>

Alladin's Eatery — Ballston, Burke, Shirlington Village
Ballston— 4245 N. Fairfax Drive, Arlington, VA 22203
(703) 528-0078
Burke—9522 Burke Road, Burke, VA 22015
(703) 425-6900
Shirlington—4404 S. 28th St, Arlington, VA 22206
(703) 894-4401
<http://www.aladdinseatery.com>
Recommendations: Has a GF menu

Caution: bring a print out of the GF menu from the website; they may not have on-site.

Ambrosia Grill – Rockville
802 Hungerford Drive
Rockville, MD 20850
(301) 251-5816
www.ambrosiagrille.org
chicken kabob over rice

Aria Trattoria — Downtown
Ronald Reagan Building, 1300 Pennsylvania Ave, NW, Washington, DC 20004
(202) 312-1250
www.ariatrattoria.com
Recommendations include: Grilled Verde
Marinated Chicken Breast

Artie's Restaurant
3260 Old Lee Highway
Fairfax, VA 22030
(703) 273-7600
www.greatamericanrestaurants.com/arties
Has GF menu

Arucola – Chevy Chase (DC)
5534 Connecticut Ave, NW, Washington DC
(202) 244-1555
<http://arucola.com>
Recommendations include: Salmon w/ spinach and polenta, salads, chicken

Assaggi Mozzarella Bar — Bethesda
4838 Bethesda Avenue
Bethesda, MD 20814
(301) 951-1988
www.centroitalian.com
Offers gluten-free pasta from Italy
Caution: remind them to cook pasta in separate water, staff may not be attentive to GF issues

Austin Grill – Alexandria, Baltimore, Bethesda, Penn Quarter, Rockville, Silver Spring, Springfield
Alexandria — 801 King Street, Alexandria, VA
(703) 684-8969
Baltimore — 2400 Boston St. Baltimore, MD 21224

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

(410) 534-0606

Bethesda — 7278 Woodmont Ave, Bethesda,
MD 20814

(301) 656-1366

Penn Quarter — 750 E Street, NW,
Washington, DC 20004

(202) 393-3776

Rockville — 36 Maryland Avenue, Unit A,
Rockville, MD 20850

(301) 838-4281

Silver Spring — 919 Ellsworth Drive, Silver
Spring, MD 20910

(240) 247-8969

Springfield — 8430-A Old Keene Mill Rd,
Springfield, VA 22152

(703) 644-3111

<http://www.austingrill.com>

GF menu (Silver Spring has GF beer)

B Smith's — DC, Union Station

50 Massachusetts Ave NE (in Union Station)

Washington, DC 20002

(202) 289-6188

www.bsmith.com

Has GF menu; GF Spree participants

Baja Fresh – Various locations

www.bajafresh.com

Recommendations include: tacos w/ corn
tortillas, chicken, cheese (no salsa, pico or sour
cream)

Bar Pilar – U Street

1833 14th Street NW,

Washington DC 20009

(202) 265-1751

<http://www.barpilar.com>

Recommendations include: red wine chicken,
broccoli

Big Bowl – Reston

11915 Democracy Drive,

Reston, VA

(703) 787-8852

www.bigbowl.com

Recommendations include: GF Kung Pao
chicken & jasmine rice

Black Market – Garrett Park

4600 Waverly Avenue,

Garrett Park, MD 20896

(301) 933-3000

Blue Iguana — Fair Lakes

12727 Shoppes Lane

Fairfax, VA 22033

(703) 502-8108

<http://www.theblueiguana.com>

Recommendations include: Jambalaya. Ask for
Helmut as your waiter; exec chef
knowledgeable about celiac

Bombay Bistro – Rockville, Fairfax

Rockville—98 W. Montgomery Avenue,

Rockville, MD 20850

(301) 762-8798

Fairfax—3570 Chain Bridge Road,

Fairfax, VA 22030

(703) 359-5810

<http://www.bombaybistro.com>

Bonefish Grill – Various locations

<http://www.bonefishgrill.com>

GF menu

Brasserie Beck (Belgian) — Downtown

1101 K Street NW, Washington DC 20005

(202) 408-1717

www.beckdc.com

Carries GF Beer

Brocks – Fredericksburg

503 Sophia Street, Fredericksburg, VA 22401

(540) 370-1820

www.brocksgrill.com

Buzz Bakery – Alexandria

www.buzzonlaters.com

901 Slaters Lane, Alexandria, VA 22314

(703) 600-2899

Usually has at least one GF product

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Café Atlantico – Penn Quarter
405 8th Street NW,
Washington, DC 20004
(202) 393-0812
www.cafeatlantico.com
Has a GF menu

Café Delux – Bethesda, Cleveland Park, Tyson's
Corner
Bethesda – 4910 Elm St, Bethesda MD
(301) 656-3131
Cleveland Park – 3228 Wisconsin Avenue NW,
Washington, DC
(202) 686-2233
Tysons – 1800 International Drive, Tyson's
Corner, VA
(703) 761-0600
<http://www.cafedeluxe.com>
Recommendations include: cheeseburger w/o
bun, mashed potatoes. (They also own Tortilla
Coast on Capitol Hill)

Café MoZU – Southwest DC
1330 Maryland Avenue SW, Washington, DC
(in the Mandarin Oriental Hotel)
(202) 787-6868
<http://www.mandarinoriental.com>
hotel/535000040.asp
Inform them of GF needs in advance; staff is
very attentive and knowledgeable

Cafe Trope — Dupont Circle
2121 P Street NW, Washington, DC 20009
202-223-9335
www.cafetropedc.com
Has a GF menu (also lactose-free dishes)

Carrabbas Italian Grill – Various locations
www.carrabbas.com
Has a GF menu

Carlyle Grand Café – Shirlington
4000 South 28th Street,
Arlington, Virginia 22206
(703) 931-0777
<http://www.greatamericanrestaurants.com/gar>
Has a GF menu (fries no longer safe)

Capitol Hill Tandoori & Grill (Pakistani) --
Capitol Hill
419 8th St SE, Washington, DC 20003-2833
(202) 547-3233
www.capitolhillgrill.com
Lunch buffet is all GF except bread (but ask to
be sure)

Cava —Rockville
9713 Traville Gateway Dr, Rockville, MD 20850
(301) 309-9090
<http://www.cavamezze.com>
Many GF options; GF Spree participants

CEIBA — Downtown DC
701 14th St., NW
Washington, DC 20005
(202) 393-3983
<http://www.ceibarestaurant.com>

Cesco Trattoria – Bethesda
4871 Cordell Avenue, Bethesda MD
(301) 654-8333
<http://www.robertodonna.com>

Chadwick's Restaurant — Downtown, Old
Town
Downtown—3205 K Street NW
Washington, DC 20007
(202) 362-8040
Old Town—203 The Strand
Alexandria, VA 22314
(703) 836-4442
www.chadwicksrestaurants.com

Champps Restaurant – Fairfax
11750L Fair Oaks Mall, Fairfax, VA 22033
(703) 359-2591
<http://www.champps.com>
Has a GF menu

Chicken Out Rotisserie – Gaithersburg,
Germantown
Gaithersburg -- 15780 Shady Grove Road,
Gaithersburg, MD 20877
(301) 921-9119
245 Kentlands Boulevard, Gaithersburg, MD
20878

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

(301) 975-0100
Germantown -- 20940-F Frederick Road,
Germantown, MD 20876
(301) 540-2400
www.chickenout.com
Recommendations include: Spice and original
chicken are gluten free

Chick-fil-A – Various locations
<http://www.chick-fil-a.com>
Recommendations include: Filet and fries (made
with clean gloves and grill)

China Pavillion – Bethesda
4611 Sangamore Rd, Bethesda, MD 20816
(301) 263-1088
Request GF tamari sauce

Chipotle — Various locations
www.chipotle.com
Some locations have GF menu

Christina Ristorante – Wheaton
2666 University Blvd, Wheaton MD
(301) 942-4137
Recommendations include: salmon

Coastal Flats – Fairfax, Tysons' Corner Mall
Fairfax — 11901 Grand Commons Ave, Fairfax,
VA 22030
(571) 522-6300
Tyson's Corner—7860-L Tysons Corner
Center, McLean, VA 22102
(703) 356-1440
<http://www.greatamericanrestaurants.com/gar>
Has a GF menu

Coldstone Creamery – various locations
<http://www.coldstonecreamery.com>

Comus Inn – Dickerson
23900 Old Hundred Road, Dickerson MD
(301) 349-5100
www.thecomusinn.com

Cosi—Various Locations
Recommendations include: the following salad
dressings are GF: Roasted Shallot Vinaigrette,

Cesar, Italian, Parmesan Peppercorn Ranch, Fat-
Free Balsamic Vinaigrette, and Low-Fat Sherry
Shallot.

Costco – Pentagon City
1200 South Fern Street
Arlington, Virginia 22202
(703) 413-2324
<http://www.costco.com>
Rotisserie chicken (marked GF?)

Cowgirl Creamery Cheese & Wine Shop —
Penn Quarter
919 F Street NW, Washington, DC 20004
(202) 393-6880
www.cowgirlcreamery.com

Crisp & Juicy – Rockville, Silver Spring
Rockville -- 1331 G Rockville Pike, Rockville,
MD 20852
(301) 251-8833
Silver Spring -- 1314 East West Hwy, Silver
Spring, MD 20910
(301) 563-6666
3800 International Drive, Silver Spring, MD
20906
(301) 598-3333
<http://crispjuicy.com>
GF chicken

The Dairy Godmother — Del Ray
2310 Mt Vernon Ave, Alexandria, VA 22301
(703) 683-7767
<http://www.thedairygodmother.com>

Dairy Queen — Falls Church
3527 S. Jefferson St, Falls Church, VA 22041-
3106
(703) 931-7183
<http://dairyqueen.com/us-en/eats-and-treats/gluten-free-products>

Delhi Dhaba – Arlington, Bethesda, Van Ness
Arlington – 2424 Wilson Blvd Arlington, VA
(703) 524-0008
Bethesda – 7236 Woodmont Avenue,
Bethesda, MD 20814
(301) 718-0008

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Van Ness – 4455 Connecticut Ave NW,
Washington DC
(202) 537-1008
www.delhidhaba.com
Recommendations include: Butter chicken,
palak paneer

Denny's – various locations
<http://www.dennys.com>

District Chophouse & Brewery — Penn
Quarter
509 7th St NW # 1
Washington, DC 20004
(202) 347-3434
www.chophouse.com

Don Pablo's – Various locations
<http://www.donpablos.com>
Has a GF menu

Duck Chang's Restaurant – Annandale
4427 John Marr Drive,
Annandale, VA 22003
(703) 941-9400
www.duckchangs.com
Will use your soy sauce

FireFly — Dupont Circle
1310 New Hampshire Ave NW (In Hotel
Madera), Washington, DC 20036
(202) 861-1310
www.firefly-dc.com
Recommendations include: quinoa, risotto,
Brussels sprouts

First Watch: The Daytime Cafe – Fairfax,
Rockville
Fairfax -- Fair City Mall, 9600 Main St, Fairfax,
VA 22031
(703) 978-3421
Rockville -- 100 Gibbs St., Unit D, Rockville,
MD 20850
(301) 762-0621
<http://www.firstwatch.com/glutenfree.htm>
Has GF items

Fish Market Restaurant – Alexandria
105 King Street, Alexandria VA
(703) 836-5676
www.fishmarketoldtown.com
Recommendations include: Salmon with
potatoes and asparagus

Fogo de Chao (Brazilian) — Downtown DC
1101 Pennsylvania Ave NW, Washington, DC
20004
(202) 347-4668
www.fogodechao.com
All sides are GF, including rolls

Four Seasons Hotel — Georgetown
2800 Pennsylvania Avenue NW, Washington,
DC
(202) 342-0444
<http://www.fourseasons.com/washington/dining.html>

Fresh and Organic Café and Bakery – Ashburn
4403 I Ashburn Shopping Plaza, #115, Ashburn,
Virginia
GF waffles, muffins, German cherry cake,
banana bread, etc

Grapeseed Bistro – Bethesda
4865 Cordell Ave # C, Bethesda, MD 20814
(301) 986-9592
www.grapeseedbistro.com
Chef will help with any entrée

Great American Restaurants
GF menu at: Carlyle, Coastal Flats, Mike's
American, Sweetwater Tavern, Silverado: see
individual listings
<http://www.greatamericanrestaurants.com/gar>

Great Sage – Clarksville
5809 Clarksville Square Drive. Clarksville, MD
21029
(443) 535-9400
www.great-sage.com
Vegetarian; GF items (incl. beer) indicated on
menu

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Good Stuff Eatery —Capitol Hill
303 Pennsylvania Ave, SE, Washington, DC
20003
(202) 543-8222
www.goodstuffeatery.com
Recommendations include: fries, salads (except Caesar), cheese

Hard Times Café – various locations
www.hardtimes.com
Recommendations include: Cincinnati chili

Hello Cupcake – Dupont Circle
1351 Connecticut Ave NW, Washington DC
(202) 861-2253
www.hellocupcakeonline.com
Recommendations include: GF cupcakes

Hennings — Frederick
177 Thomas Johnson Drive, Frederick MD
(301) 668-7777
<http://www.henningsrestaurant.org>
Chef will customize most dishes

Heritage India – Dupont Circle, Glover Park
Dupont Circle – 1337 Connecticut Avenue
NW, Washington, DC
(202) 331-1414
<http://www.heritageindiadupont.com>
Glover Park – 2400 Wisconsin Avenue NW,
Washington, DC
(202) 333-3120
www.heritageindiaofgeorgetown.com
Recommendations include: Tandori chicken

Hunan West — Springfield
8938 Burke Lake Rd, Springfield, VA 22151
(703) 425-1703

Hyatt Regency – Bethesda
7400 Wisconsin Ave (1 Bethesda Metro
Center), Bethesda, MD 20814
(301) 657-1234
bethesda.hyatt.com
GF Spree participants

It's About Thyme — Culpeper
128 East Davis Street, Culpeper VA

(540) 825-4264
www.thymeinfo.com

J Brian's Tap Room – Fredericksburg
200 Hanover St # 200A, Fredericksburg, VA
(540) 373-0738

Jaleo – Bethesda, Crystal City, Penn Quarter
Bethesda – 7271 Woodmont Avenue
Bethesda, MD 20814
(301) 913-0003
Crystal City – 2250A Crystal Dr, Arlington, VA
(703) 413-8181
Penn Quarter – 480 7th St NW, Washington,
DC
(202) 628-7949
www.jaleo.com
Has a GF menu

Kali's Court – Baltimore
Fells Point: 1606 Thames Street, Baltimore, MD
21231
(410) 276-4700
www.kaliscourt.com
Very knowledgeable staff; fish, salads, etc.

La Petite Auberge – Fredericksburg
311 William St, Fredericksburg, VA 22401
(540) 371-2727
[http://pages.areaguides.com/
LaPetiteAubergeRestaurant](http://pages.areaguides.com/LaPetiteAubergeRestaurant)

Lauriol Plaza — Dupont Circle
1835 18th St NW, Washington, DC 20009
(202) 387-0035
www.lauriolplaza.com

Lebanese Taverna — Arlington, Bethesda,
Baltimore, Pentagon City, Tysons, Woodley
Park
Arlington — 5900 Washington Boulevard,
Arlington, VA, 22205
(703) 241-8681
Bethesda—7141 Arlington Rd (in 2008,
Bethesda, MD 20814
Baltimore—719 S. President Street
Baltimore, MD 21202
(410) 244-5533

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Pentagon City—1101 South Joyce St
Arlington, VA, 22202

(703) 415-8681

Tyson's Galleria —1840 G International Dr,
McLean, VA 22102

(703) 847-5244

Woodley Park— 2641 Connecticut Avenue
N.W, Washington, DC, 20008

(202) 265-8681

<http://www.lebanesetaverna.com>

Has a food allergy chart, working on GF menu

Lee's Kitchen — Silver Spring

14448 Layhill Road, Silver Spring, MD 20906

(301) 598-4810

Legal Seafood – Various locations

www.legalseafoods.com

Has a GF menu

Levante's – Bethesda, Dupont Circle

Bethesda – 7262 Woodmont Avenue,

Bethesda MD 20814

Levante's Cont

(301) 657-2441

Dupont Circle – 1320 19th Street NW,

Washington DC 20036

(202) 293-3244

Recommendations include: Greek salad, Lamb
Shish Kabob with rice, swordfish skewers

Lilit Café – Bethesda

7921 Old Georgetown Rd, Bethesda MD

(301) 654-5454

GF menu

Recommendations include: Eggplant Parmesan,
Cheesesteak, Pizza, heros, keylime tart, Sweet
Sin desserts, gelato, GF beer

Logan's Roadhouse Restaurant — Various
locations

(703) 803-8559

<http://www.logansroadhouse.com>

Caution: currently reviewing menus for GF
content

Louisiana Express Company, Inc – Bethesda
4907 Cordell Avenue

Bethesda, MD 20814

(301) 652-6945

www.louisianaexpresscompany.com

Recommendations include: Vegetable or
Chicken Jimbalaya

Luna Café – Dupont Circle

1301 Connecticut Ave NW, Washington, DC
20036

(202) 835-2280

www.lunagrillanddiner.com

Recommendations include salads, chili and meat
chili (not in a bread bowl).

Macaroni Grill – Various locations

<http://www.macaronigrill.com>

Recommendations include: Substitute
potatoes/rice for pasta

Maggiano's — Friendship Heights, Tyson's
Corner

Friendship Heights – 5333 Wisconsin Avenue
NW, Washington, DC 20015

(202) 966-3108

Tyson's – 2001 International Drive, McLean, VA
22102-3918

(703) 356-9000

www.maggianos.com

Mandalay — Silver Spring

930 Bonifant Street, Silver Spring MD

(301) 585-0500

Recommendations include: Soup #1 without
fish crackers. Joe or Aung will also use GF soy
sauce to make certain dishes

McCormick & Schmick's — Bethesda, Crystal
City, Downtown DC, McLean, Reston
Bethesda—7401 Woodmont Ave, Bethesda,
Maryland 20814

(301) 961-2626

Crystal City—2010 Crystal Drive, Arlington,
VA 22202

(703) 413-6400

Downtown—1652 K Street NW, Washington,
D.C. 20006

(202) 861-2233

901 F St NW, Washington, D.C. 20004

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

(202) 639-9330

McLean—8484 Westpark Drive, McLean,
Virginia 22102

(703) 848-8000

Reston—Reston Town Center, 11920
Democracy Dr, Reston, Virginia 20190

(703) 481-6600

<http://www.mccormickandschmicks.com/>

McLean Family Restaurant – McLean
1321 Chain Bridge Road, McLean, VA 22101
(703) 356-9883

Recommendations include: Salmon, steaks, pork
chops

The Melting Pot —Rockville
128 Rollins Ave, Rockville, MD 20852

(301) 231-8220

<http://www.themeltingpot.com>

Very GF friendly

Mike's American Grill – Springfield
6210 Backlick Road, Springfield, VA 22150
(703) 644-7100

<http://www.greatamericanrestaurants.com>

Has a GF menu

Mike's Italian Restaurant – Alexandria
8368 Richmond Highway, Alexandria, VA
22309-2331

(703) 780-5966

<http://www.mikes-italian.com>

Very familiar with celiac

Mi Rancho — Silver Spring
8701 Ramsey Avenue, Silver Spring, MD 20910
(301) 588-4744

www.miranchorestaurant.com

Moby Dick House of Kabob – Georgetown
1070 31st Street NW, Washington, DC 20007
(202) 333-4400

www.mobysonline.com

Recommendations include: Kabobs and chicken

Moe's Southwest Grill – various locations
www.moes.com
GF menu

Monocacy Crossing — Frederick
4424 Urbana Pike, Frederick, MD 21704

(301) 846-4204

Monocacy Crossing, Cont

Has an allergy menu and helpful staff

Montmartre — Capitol Hill
327 Seventh St. SE Washington, DC 20003
(202) 544-1244

Mykonos Grill — Rockville
121 Congressional Lane, Rockville, MD
(301) 770-5999

<http://www.mykonosgrill.com>

Recommendations include: Greek salad with
grilled chicken (cooked plain)

Natalia's Elegant Creations Pastry Shop and
Café – Falls Church
230 West Broad Street, Falls Church, VA
(703) 241-8040

<http://www.nataliasellegantcreations.com>

GF menu

National Museum of the American Indian Café
– The Mall

Fourth Street & Independence Avenue, SW,
Washington, DC 20560

(202) 633-1000

<http://www.nmai.si.edu>

National's Stadium – SE Washington
1500 South Capitol St, SE, Washington DC
20003

Noah's Pretzels: Sections 106 and 318 -- GF
pretzels and beer

Cantina Marina: Margueritas

Giffords Ice Cream: Raspberry sourbet,
gourmet bars, vanilla, choc, mint chip, swiss
chocolate, strawberry, peppermint stick,
coffee chip, butter pecan

Hard Times Cafe: Texas, Cincinnati, terlunga
red, and vegetarian

Mayorga Coffee: Hot and iced coffee, hot and
iced tea, fruit smoothies

[Http://nationals.mlb.com/was/ballpark/ index.jsp](http://nationals.mlb.com/was/ballpark/index.jsp)

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Nirvana – K Street
1810 K Street NW, Washington, DC 20006
(202) 223-5043
www.dcnirvana.com
Vegetarian
Has GF dishes on menu

Noah's Gluten-Free Pretzels – Gaithersburg,
Nationals Stadium, Verizon Center
Lakeforest Mall – 701 Russell Avenue
Gaithersburg, MD 20877
(301) 740-2723

National's Stadium – SE Washington
1500 South Capitol St, SE,
Washington DC 20003 (sections 106, 318)
Verizon Center—601 F St NW (section 112)
Washington DC 20004
www.NoahsPretzels.com

Not Your Average Joe's—Lansdowne
19307 Promenade Drive, Lansdowne Town
Center
(571) 333-5637
http://www.notyouraveragejoes.com/menu_gf
Has a GF menu

Nova Europa – Silver Spring
Kemp Mill Shopping Center:
1311 Lambertson Drive, Silver Spring, MD (right
by the CVS store)
(301) 649-6690
<http://www.novaeuroparestaurant.com>
Uses cornstarch for their sauces

Oaxaca – Adams Morgan
2106 18th Street NW, Washington DC
(202) 387-2272
Recommendations include: Chicken tamale,
steak, guacamole, chips

Old Ebbitt Grill—Downtown
675 15th Street NW Washington, DC 20005
(202) 347-4800
www.ebbitt.com
GF Spree participants

On the Border – Various locations
<http://www.ontheborder.com>

Original Pancake House — Bethesda, Falls
Church, Rockville
Bethesda—7700 Wisconsin Avenue
Bethesda, MD

(301) 986-0285
Rockville—12224 Rockville Pike
Rockville, Maryland 20852
(301) 468-0886
Falls Church—370 West Broad St.
Falls Church, Virginia 22046-3319
(703) 891-0148
www.originalpancakehouse.com
All pancake choices can be made GF; bacon &
omelets are GF (note: crepes are NOT GF).

Outback Steakhouse – Various locations
www.outback.com
Has a GF menu
Recommendations include: steak, baked potato,
salad

Oyamel – Penn Quarter
401 7th Street NW, Washington, DC
(202) 628-1005
<http://www.oyamel.com>
Has GF menu

Panjeer II – Vienna
Route 123, Vienna VA
Recommendations include: Meat kabobs

Paolo's – Reston
11898 Market Street, Reston, VA 20190
(703) 318-8920
www.paolosristorante.com
Recommendations include: steak salad,
minestrone (no pasta), chicken paillard, crème
brule, sorbet

Papa Razzi Trattoria -- Georgetown
1064-1066 Wisconsin Avenue, NW,
Washington DC
(202) 298-8000
<http://www.paparazzitrattoria.com/index.cfm>
Recommendations include: GF pasta, risotto,
salmon

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Passage to India – Bethesda
4931 Cordell Ave, Bethesda, MD 20814
(301) 656-3373
www.passagetoindia.info
Recommendations include: pappodum, coogi
murch

Peking Gourmet Inn – Falls Church
6029 Leesburg Pike, Falls Church, VA 22041
(703) 671-8088
www.pekinggourmet.com
Recommendations include: Peking Duck (basted
in honey). Call ahead to be sure Lily or George
Tsui, the owner, will be on site during your visit

PF Chang's China Bistro – Arlington, Columbia,
Fairfax, Rockville, Tyson's Corner
Arlington Gateway – 901 N. Glebe Road,
Arlington, VA 22203
(703) 527-0955

Columbia—The Plaza at the Mall in Columbia,
10300 Little Patuxent Parkway, Columbia, MD
21044

(410) 730-5344
Fairfax – 4250 Fairfax Corner Ave Fairfax, VA
22030

(703) 266-2414
Rockville—White Flint Mall:
11301 Rockville Pike,
North Bethesda, MD 20895
(301) 230-6933

Tyson's Galleria – 1716M International Drive,
McLean, VA 22102
(703) 734-8996

www.pfchangs.com
Has a GF menu

Pete's Apizz —Columbia Heights
1400 Irving Street NW, Washington, DC 20009
(202) 332-PETE (7383)
<http://petesapizza.com>
Recommendations include: Kyra's Favorite 12-
inch Gluten-Free Apizza; gelato also GF

Posh — Penn Quarter
730 11th St NW # 1
Washington, DC 20001
(202) 393-0975

www.poshdc.com

Red Ginger – Georgetown
1564 Wisconsin Ave NW, Washington, DC
(202) 965-7009
<http://www.redgingerofgeorgetown.com/>
Red Ginger, continued
Recommendations include: Duck, quinoa,
flourless chocolate cake

Red, Hot, Blue – Various locations
www.redhotandblue.com
Recommendations include: Ribs, pulled pork
(wet sauce), potato salad, baked beans

Red Robin – Various locations
www.redrobin.com

Restaurant Nora – Dupont Circle
2132 Florida Ave, NW, Washington, DC 20009
(202) 462-5143
<http://www.noras.com>

Rio Grande Cafe – Gaithersburg
231 Rio Boulevard, Gaithersburg, MD 20878
(240) 632-2150
Recommendations include: Enchiladas, hard-
shelled tacos, beans and rice

Ristorante Tosca — Downtown DC
1112 F Street NW, Washington, DC 20004
(202) 367-1990
www.toscadc.com

Rosa Mexicano — Penn Quarter
575 7th Street NW, Washington, DC 20004
(202) 783-5522
www.rosamexicano.info

Rosemary's Thyme Bistro – Dupont Circle
1801 18th Street NW, Washington, DC
(202) 332-3200
Recommendations include: salads, roasted
chicken, omelets, heurvos rancheros, steak

Roy's Hawaiian Fusion Cuisine – Baltimore
720 B Aliceana Street, Baltimore, MD 21201

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

(410) 659-0099

www.roysrestaurant.com

Has GF menu - including dessert

Ruby Tuesday's – Various locations

<http://www.rubytuesday.com>

Rustico – Alexandria

827 Slaters Lane, Alexandria, VA 22314

(703) 224-5051

www.rusticorestaurant.com

Has GF pizza and beer

Ruth's Chris — Various locations

www.ruthschris.com

Sakura Japanese Steak House – Various locations

<http://www.sakurasteakhouse.com>

Samantha's Restaurant and Curry — Silver Spring

631 University Blvd E, Silver Spring, MD 20901
(301) 445-7300

Sammy T's – Fredericksburg

801 Caroline St, Fredericksburg, VA 22401
(540) 371-2008

www.sammyts.com

Shanghai Garden — Van Ness

4469 Connecticut Ave, NW Washington, DC 2004

(202) 362-3000

Recommendations include: will cater to any food allergy, has GF soy sauce

Silverado – Annandale

7052 Columbia Pike, Annandale, VA 22003
(703) 354-4560

<http://www.greatamericanrestaurants.com>

Simply Fish – Alexandria

1700 Fern Street, Alexandria, VA 22302
(703) 778-3474

www.simplyfish.biz

Sticky Fingers Bakery —Columbia Heights
1370 Park Rd NW, Washington, DC, 20010

(202) 299-9700

stickyfingersbakery.com

Recommendations include chocolate cake, cupcakes (all vegan)

Straits of Malaya – Dupont Circle

1836 18th Street NW, Washington, DC 20009

(202) 483-1483

www.straitsofmalaya.com

GF dishes: Laksa soup, Acar, Straits chicken curry, Poh pia (without pancakes), Ayam limau purut, Udang gorang berempah, Tamarind chicken, Bwang sambal undang, Curry eggplant with chicken, Asian noodles, Singapore spicy noodles.

Sweetwater Tavern – Centreville, Sterling, Merrifield (Falls Church)

Centreville – 14250 Sweetwater Lane, Centreville, VA 20121

(703) 449-1100

Sterling – 45980 Waterview Plaza, Sterling, VA 20166

(571) 434-6500

Falls Church – 3066 Gatehouse Plaza, Falls Church, VA 22042

(703) 645-8100

<http://www.greatamericanrestaurants.com>

Note: fries no longer safe

Tandorri Nights – Arlington, Kentlands

Arlington – Market Commons: 2800 Clarendon Blvd, Arlington VA

(703) 248-8333

Kentlands – 106 Market St, Gaithersburg, MD (301) 947-4007 MD.

<http://www.tandoorinights.com>

Tara Thai – Arlington, Bethesda, Gaithersburg, Glover Park, Rockville, Vienna

Arlington – 4001 Fairfax Drive, Arlington, VA 22203

(703) 908-4999

Bethesda – 4828 Bethesda Avenue, Bethesda, MD 20814

(301) 657-0488

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Gaithersburg – 9811 Washingtonian Blvd #L9,
Gaithersburg, MD 20878

(301) 947-8330

Rockville – 12071 Rockville Pike, Rockville, MD
20852

(301) 231-9899

Vienna – 226 Maple Ave W, Vienna VA 22180

(703) 255-2467

Recommendations include: Curry dishes with
rice, pad thai, chicken with cashew nuts

Taverna: The Greek Islands -- Capitol Hill
301 Pennsylvania Ave, SE, Washington, DC
20003

(202) 547-8360

Recommendations include: Athenian chicken
with zucchini in tomato sauce and potatoes

Ted's Montana Grill – Alexandria,
Arlington, Crystal City, Sterling
Alexandria – 2451 Eisenhower Ave, Alexandria,
VA

(703) 960-0500

Arlington – 4300 Wilson Blvd, Arlington, VA

(703) 741-0661

Crystal City – 2200 Crystal Dr,
Arlington, VA

(703) 416-8337

Sterling — 46300 Cranston Street

Sterling, VA 20165

(703) 444-8611

www.tedsmontanagrill.com

Has a GF menu

Tenzo Artisan (caterer/bakery) — Baltimore
1016 S. Charles Street, Baltimore, MD 21230

(410) 302-6233

www.TenzoArtisan.com

Tersiguel's French Country Restaurant —
Ellicott City

8293 Main Street, Ellicott City MD 21043

(410) 465-4004

<http://www.tersiguels.com>

Texas Roadhouse – Chantilly

4993 Westone Plaza, Chantilly, VA 20151

(703) 378-9355

www.texasroadhouse.com

Thai Coast – Downtown DC
2514 L Street, NW, Washington, DC
(202) 333-2460

Soy and fish sauces are GF but check

Thai Farm —Rockville

800 King Farm Blvd., Suite 125

Rockville, MD 20850

(301) 258-8829

<http://www.thaifarmrestaurant.com>

Very good and understand the GF issue.

Thai Tanium — Gaithersburg

657 Center Point Way (Kentlands),
Gaithersburg, MD 20878

(301) 990-3699

<http://www.thaitaniumrestaurant.com>

Tortilla Factory Restaurant —Herndon

The Pine Shopping Center — 648 Elden Street,
Herndon, VA 20170

(703) 471-1156

<http://www.thetortillafactory.com>

Has a GF menu

Tortilla Coast – Capitol Hill

400 First St SE, Washington, DC

(202) 546-6768

<http://www.cafedeluxe.com>

(Also owns Cafe Deluxe)

Uno Chicago Grill — Various locations

www.unos.com

GF Menu; computer with ingredients for
entrees

Vegetable Garden — Rockville

11618 Rockville Pike, Rockville, MD 20852

(301) 468-9301

<http://www.thevegetablegarden.com>

Vidalia — Downtown DC

1900 M Street, NW, Washington, DC

(202) 659-1990

<http://www.vidaliadc.com>

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Vietnam Grill — Manassas
8828 Centreville Road, Manassas, VA 20110
(703) 330-6868

Viet's Aroma — Frederick
440 Prospect Blvd, Frederick MD
(240) 379-6716
Recommendations include: Pho, lots of great choices; ask for fish sauce instead of other dipping sauces

Violino's — Winchester
181 N. Loudoun Street, Winchester VA 22601
(540) 667-8006
will prepare many meals GF with advanced notice

Wendy's — Various locations
<http://wendys.com>

Wildfire — Tysons Corner
Tysons Galleria, 1714U International Drive
McLean, VA 22102
(703) 442-9110
<http://www.wildfirerestaurant.com>
Has a GF menu & Redbridge beer

Zaytinya — Gallery Place
701 9th Street NW, Washington, DC 20001
(202) 638-0800
www.zaytinya.com
GF menu; GF Spree participants

Restaurants By Location

Adams Morgan
Oaxaca

Alexandria
Austin Grill
Buzz Bakery
Chadwick's Restaurant
Cosi
Fish Market Restaurant
Rustico
Simply Fish
Ted's Montana Grill

Annandale
Duck Chang's Restaurant
Silverado

Arlington
Cosi
Delhi Dhaba
PF Chang's China Bistro
Lebanese Taverna
Tandorri Nights
Tara Thai
Teds Montana Grill

Baltimore
Austin Grill
Lebanese Taverna
Mezze
Rays
Tenzo Artisan

Ballston
Alladin's Eatery

Burke
Alladin's Eatery

Bethesda
Assaggi Mozzarella Bar
Austin Grill
Café Delux
Cesco Trattoria
Cosi
Bethesda, Cont
China Pavillion
Delhi Dhaba
Jaleo
Grapeseed Bistro
Lebanese Taverna
Levante's
Lilit Café
McCormick & Schmick's
Louisiana Express Co
New Orleans Bistro
Original Pancake House
Passage to India
Tara Thai

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Capitol Hill/Eastern Market

Capitol Hill Tandoori & Grill
Cosi
Good Stuff Eatery
Montmartre
Taverna: The Greek Islands
Tortilla Coast
Wellness Café

Centreville

Sweetwater Tavern

Chantilly

Texas Roadhouse

Chevy Chase

Arucola (DC)
Cosi

Clarksville

Great Sage

Cleveland Park

Alero
Café Delux

Columbia Heights

Pete's Apizza
Sticky Fingers Bakery

Crystal City

Cosi
Jaleo
Lebanese Taverna
Legal Seafood
McCormick & Schmick's
Ruth's Chris
Ted's Montana Grill

Columbia

Cosi
PF Chang's China Bistro

Culpeper

It's About Thyme

Del Ray

The Dairy Godmother

Dickerson

Comus Inn

Downtown DC

Alero
Aria Trattoria
Brasserie Beck
CEIBA
Chadwick's
Cosi
Cowgirl Creamery Cheese & Wine Shop
Firefly
Fogo de Chao
McCormick & Schmick's
National Museum of the American Indian Café
Nirvana
Old Ebbit Grill
Ristorante Tosca
Thai Coast
Vidalia

Dupont Circle

Alero
Cafe Trope
Cosi
Heritage India
Lauriol Plaza
Levante's
Luna Café
Restaurant Nora
Rosemary's Thyme Bistro
Straits of Malaya
Well-Dressed Burritos

Ellicott City

Tersiguel's French Country Restaurant

Fairfax

Artie's Restaurant
Blue Iguana
Bombay Bistro
Coastal Flats
PF Chang's China Bistro

Falls Church

2941
Cosi

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Dairy Queen
Original Pancake House
Sweetwater Tavern

Frederick
Hennings
Monocacy Crossing
Viet's Aroma

Fredericksburg
Brocks
J Brian's Tap Room
La Petite Auberge
Sammy T's

Friendship Heights
Maggiano's

Gaithersburg
Cosi
Noah's Gluten-Free Pretzels
Rio Grande Cafe
Tandorri Nights
Tara Thai
Thai Tanium

Garrett Park
Black Market

Georgetown
Four Seasons Hotel
Moby Dick House of Kabob
Red Ginger

Glover Park
Heritage India
Tara Thai

Herndon
Tortilla Factory

Landsdowne
Not Your Average Joe's

Manassas
Vietnam Grill

McLean
McCormick & Schmick's
McLean Family Restaurant

Penn Quarter
Austin Grill
Cafe Atlantico
District Chophouse & Brewery
Jaleo
Noah's Pretzels
Oyamel
Posh
Rosa Mexicano
Zatinya

Reston
Big Bowl
Cosi
McCormick & Schmick's
Paolo's

Rockville
Ambrosia Grill
Austin Grill
Bombay Bistro
Cava
Cosi
The Melting Pot
Mykonos Grill
Original Pancake House
PF Chang's China Bistro
Tara Thai
Thai Farm
Vegetable Garden

Silver Spring
Austin Grill
Lee's Kitchen
Mandalay
Mi Rancho
Nova Europa
Samantha's Restaurant and Curry

Shirlington
Alladin's Eatery
Carlyle Grand Café

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

Southwest DC

Café MoZU (Mandarin Hotel)

National's Stadium

Springfield

Austin Grill

Hunan West

Mike's American Grill

Sterling

Sweetwater Tavern

Ted's Montana Grill

Tyson's Corner

Café Delux

Coastal Flats

Lebanese Taverna

Maggiano's

PF Chang's China Bistro

Wildfire

U Street

Alero

Bar Pilar

Union Station

B Smiths

Van Ness

Delhi Dhaba

Shanghai Garden

Vienna

Panjeer II

Tara Thai

Wheaton

Christina Ristorante

Winchester

Violino's

Woodley Park

Lebanese Taverna

Chains with Multiple Locations

Baja Fresh:

www.bajafresh.com

Bonefish Grill:

<http://www.bonefishgrill.com>

Carrabbas Italian Grill:

www.carrabbas.com

Chick-fil-A:

<http://www.chick-fil-a.com>

Chipotle:

www.chipotle.com

Cosi:

Don Pablo's:

<http://www.donpablos.com>

Hard Times Café:

www.hardtimes.com

Legal Seafood:

www.legalseafoods.com

Logan's Roadhouse Restaurant:

<http://www.logansroadhouse.com>

Macaroni Grill:

<http://www.macaronigrill.com>

On the Border:

<http://www.ontheborder.com>

Outback Steakhouse:

www.outback.com

Red, Hot & Blue:

www.redhotandblue.com

Red Robin:

www.redrobin.com

Ruby Tuesday's:

<http://www.rubytuesday.com>

Ruth's Chris:

www.ruthschris.com

Sakura Japanese Steak House:

<http://www.sakurasteakhouse.com>

Uno Chicago Grill:

www.unos.com

Wendy's:

<http://www.wendys.com>

Washington Area Celiac Sprue Support Group -- Favorite Restaurants

WACSSG — www.dcceliacs.com

Chair: Susan Flinn

Email: Susan@SusanFlinn.com

Visit the website for an on-line form for use in submitting additional recommendations

This information was collected from the members of the Washington Area Celiac Sprue Support Group.

Update 11/3/08